



4500 El Camino Real Ave, Suite 1 Los Altos, CA 94022 (650) 450-7751 info@svf-fencing.com www.svf-fencing.com

## **LEARN TO FENCE!**

Fencing is one of the longest-running and most exciting Olympic sports. Boys and girls, men and women of all ages engage in

fencing for exercise, recreation, competition and great **fun!** 

**Fencing** develops strength, hand and eye coordination, endurance, speed, timing, self-confidence and agility. It promotes sportsmanship and discipline.

**Silicon Valley Fencing** offers a variety of classes and programs for all levels of fencers, from an absolute beginner to an advanced competitor. We also offer individual private lessons, Summer Camps and Birthday Parties.

Our fun-filled introductory classes will teach you the basics, and is an ideal way to start fencing. Over the three week course the students will learn some fencing history, rules, footwork, blade work, play fun developmental games, and will fence each day of the class! Introductory classes are intended for students fencing for the first time. All necessary equipment is provided. Please wear workout clothes with long pants (such as sweat pants) and athletic shoes.



## En Garde!

Class/Age	January	February	March	Time	Fee
Little Zorros/Youth (6.5-9 yrs)	□ Sat 12, 19, 26	□ Sat 2, 9, 16	□ Sat 9, 16, 23	11:00AM - 11:55AM	\$150

To register, please fill out the form below and mail or bring to 4500 EL Camino Real Ave, Suite 1, Los Altos, CA 94022. The payment has to be made in full prior to the first day of the class. You may also call at (650) 450-7751. For more information please visit our website at www.svf-fencing.com

Name:	Age:	DOB:		
Address:		City:	Zip:	
Phone (Home):	Phone Work/Cell:			
Father's Name:	Mother's Name:			
EMAIL:	Month/Days of the class:			